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Take Time For Your Life Packed with useful exercises, checklists, personal stories, and a wealth of resources, Cheryl Richardson's program will show you how to step back, regain control, and make conscious decisions about the future you'd like to create. Take time for your life--and begin living a life that you love. Take Time for Your Life: A Personal Coach's 7-Step Program ... "Cheryl Richardson's Take Time for Your Life shows you how to create a life you love where you have more fun, money and control." —James O'Shaughnessy, author of How to Retire Rich "Cheryl Richardson is a wise and loving woman. Take Time for Your Life: A

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