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# **Living An Examined Life Wisdom For The Second Half Of The Journey**

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- Recover Personal Authority—how to stop living in response to the expectations placed on you

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an Examined Life, James Hollis offers an essential guidebook for anyone at a crossroads in life . In this unabridged audiobook, the acclaimed author guided you through 21 areas for self-inquiry and growth - such as how to exorcise the ghosts of your past, when to choose meaning over happiness, how to construct a mature spirituality, and how to seize permission to be who you really are. Living an Examined Life - Contemplative Life 'Living an Examined Life' provides amazing guidance that radiates with clear words to step forward, engage in learning about our inner selves, embrace growth in aging, and to live life to the fullest. We don't need to be in a slow rocking chair waiting for our demise. Living an Examined Life:

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areas for self-inquiry and growth--such as how to exorcise the ghosts of your past, when to choose meaning over happiness, how to construct a mature spirituality, and how to seize permission to be who you really are. The Website of James Hollis Living an Examined Life: Wisdom for the Second Half of the Journey (2018) guides readers through 21 areas for self-inquiry and growth. A chapter is devoted to each of the 21 desiderata, as Hollis calls them, with the reader exhorted to read only one chapter a day "to allow the ideas to percolate to the soul." "Living an Examined Life: Wisdom for the Second Half of ... Living an Examined Life: Wisdom for the Second Half of the Journey by James Hollis - Books on Google Play. Living

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at the Edge, Tami Simon speaks with James about what it means to “grow up” in a contemporary society that infantilizes its citizens. James Hollis: A Summons to a Deeper Life - Sounds True With Living an Examined Life, James Hollis offers an essential guidebook for anyone at a crossroads in life Here this acclaimed author guides you through 21 areas for self-inquiry and growth—such as how to exorcise the ghosts of your past, when to choose meaning over happiness, how to construct a mature spirituality, and how to seize permission to be who you really are With his trademark eloquence and insight, Dr. Hollis offers a potent resource you’ll return to time and again to ... Because this site is dedicated to free books, there’s



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