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treatments—Twelve-Step Facilitation Therapy (TSF) and Cognitive-Behavioral Coping Skills Therapy (CBT)—are available in volumes 1 and 3 of this series, respectively. MOTIVATIONAL ENHANCEMENT THERAPY MANUAL The Emotional Coping Skills Group manual is based on Linehan's Dialectical Behavior Therapy manual (Linehan, M. (1993) Skills Training Manual for Treating Borderline Personality Disorder, New York: The Guildford Press, and so not reproduced here. The programme is run by a dedicated group of staff have been trained in DBT approaches by the Trust ... Isabel Clarke Treatment Manual. Treatment manual comprises: Psychotherapeutic treatment approach for groups and individuals

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