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By Zhongxian Wu Chinese Shamanic Zhongxian Wu's latest book, Chinese Shamanic Cosmic Orbit Qigong, successfully continues his previous explorations of the highly secret shamanic tradition of self-cultivation as practiced on Mt. Emei in Sichuan. Chinese Shamanic Cosmic Orbit Qigong: Esoteric Talismans ... Since the publication of his first, groundbreaking book twelve years ago, Wu Zhongxian has become an important voice for the Tao in the western world, renowned for the clarity and practicality of his approach to teaching western students the ancient Taoist art and science of energy work, one of China's greatest gifts to the

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Zhongxian Wu has been teaching

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He is author of 13 books (5 in

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martial arts. Vital Breath of the Dao:
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... Master Zhongxian Wu is the
lineage holder of four different
schools of Qigong and martial arts.

He was Director of the Shaanxi Province Association for Somatic Science and the Shaanxi Association for the Research of Daoist Nourishing Life Practices. Since 1988, Master Wu has instructed thousands of students, both Eastern and Western. Zhongxian Wu (Author of Chinese Shamanic Cosmic Orbit Qigong) Chinese Shamanic Tiger Qigong is a uniquely potent practice designed to bolster our health and deepen our spiritual connection to universal energy. Lineage holder, Master Zhongxian Wu provides detailed instruction in this powerful Mt. Emei Sage Style 24-movement Qigong form, which combines the traditions of ancient shamanism, Confucianism, Daoism, classical Chinese medicine, and the martial

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Wu was born on China’s eastern
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mainland. He began practicing
Qigong, calligraphy, and Taiji at an
early age. Inspired by the

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replaced by the Manchu-led ... Ming
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(Chinese shamanism), which is the
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Daoism, classical Chinese medicine,
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dissection were used to dispose 132
collected pig ovaries in this
paper. The ovaries were divided into
three classes ($m \leq 2.000$ g, 2.000
 $gm < 4.000$ g, $m \geq 4.000$ g) according to
the weight (m) and the quantity of
oocytes. Then the data were
analysed. The result
demonstrated, at $m \geq 4.000$ g, the
quantity of A-class oocytes and

ovary weight had a negative
correlation($r_A = -0.277$
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