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Dedication This book is dedicated to the three most important people in my life, for their never-ending love, support and encouragement in the realization of my goals and dreams. 177 Mental Toughness Secrets - [PDF Document] He is the author of 3 books: 177 Mental Toughness Secrets of the World Class / Coaching Mental Toughness / Die Fat or Get Tough. In December 2001, Steve was appointed to the National Charity Awards Committee, Chaired by President George W. Bush. Other committee members included Merv Griffin, Pat Boone, and Cheryl Ladd. 177 Mental Toughness Secrets of the World Class: The ... 177 Mental Toughness Secrets of the World Class: The

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